



# 2024 NFHS FOOTBALL RULES POWERPOINT



**PLAY.  
PERFORM.  
COMPETE.  
TOGETHER.**

Rules Change & Reminder  
Editorial Changes  
Points of Emphasis

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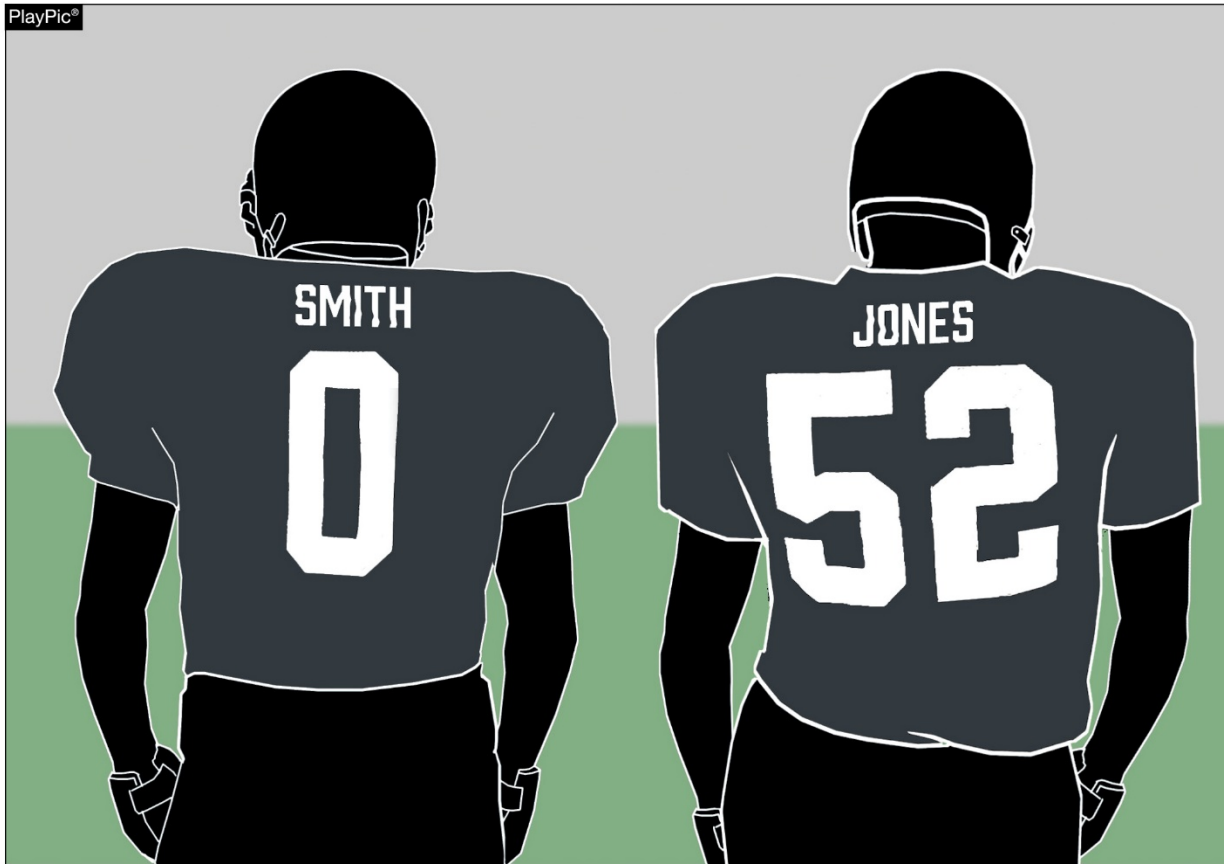
# 2024 NFHS FOOTBALL RULES CHANGE



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# HOME JERSEYS RULE 1-5-1b(3)



LEGAL

Jerseys of the home team shall all be the same dark color(s) that clearly contrasts to white.



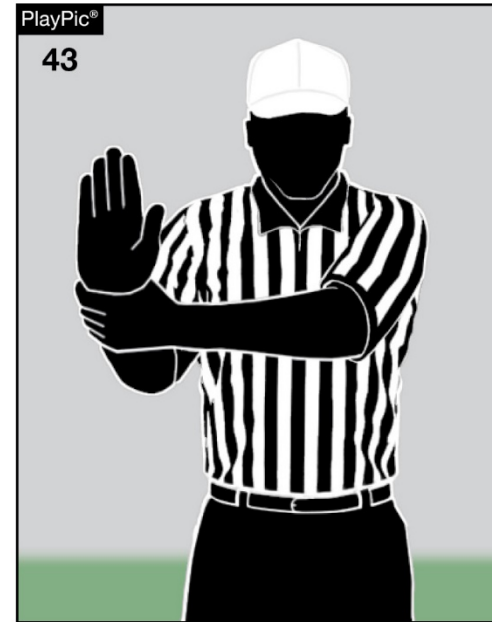
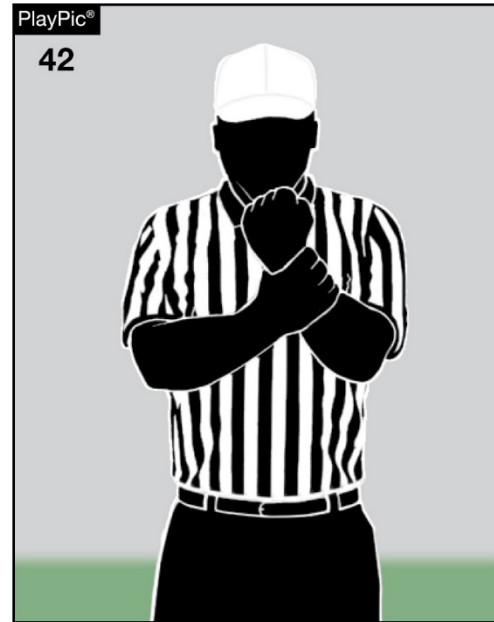
# 2024 NFHS FOOTBALL EDITORIAL CHANGES



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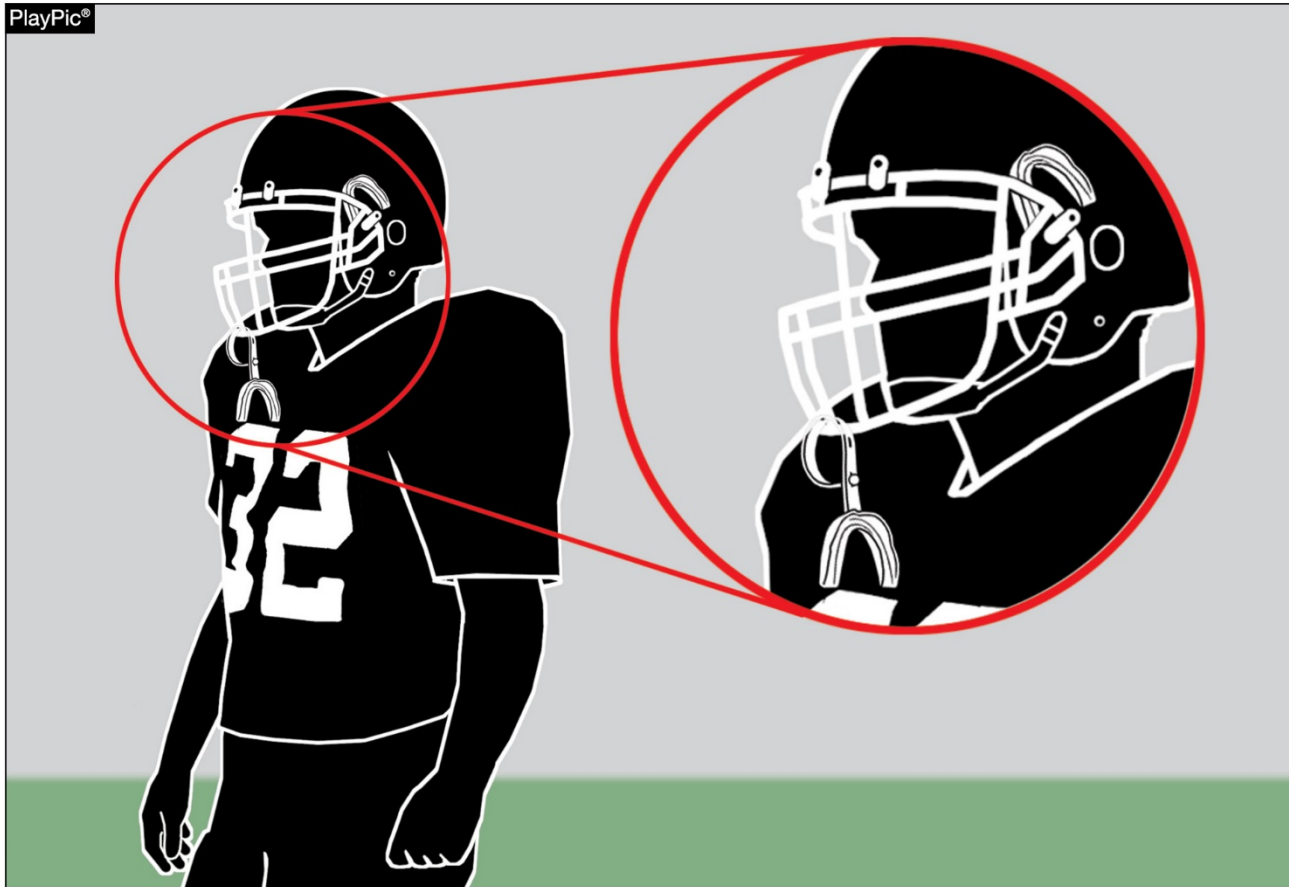
# SIGNAL CHART



Signal 43 will be used to indicate illegal use of hands/arms as well as illegal block. Signal 42, formerly used for illegal use of hands/arms, will indicate holding only.



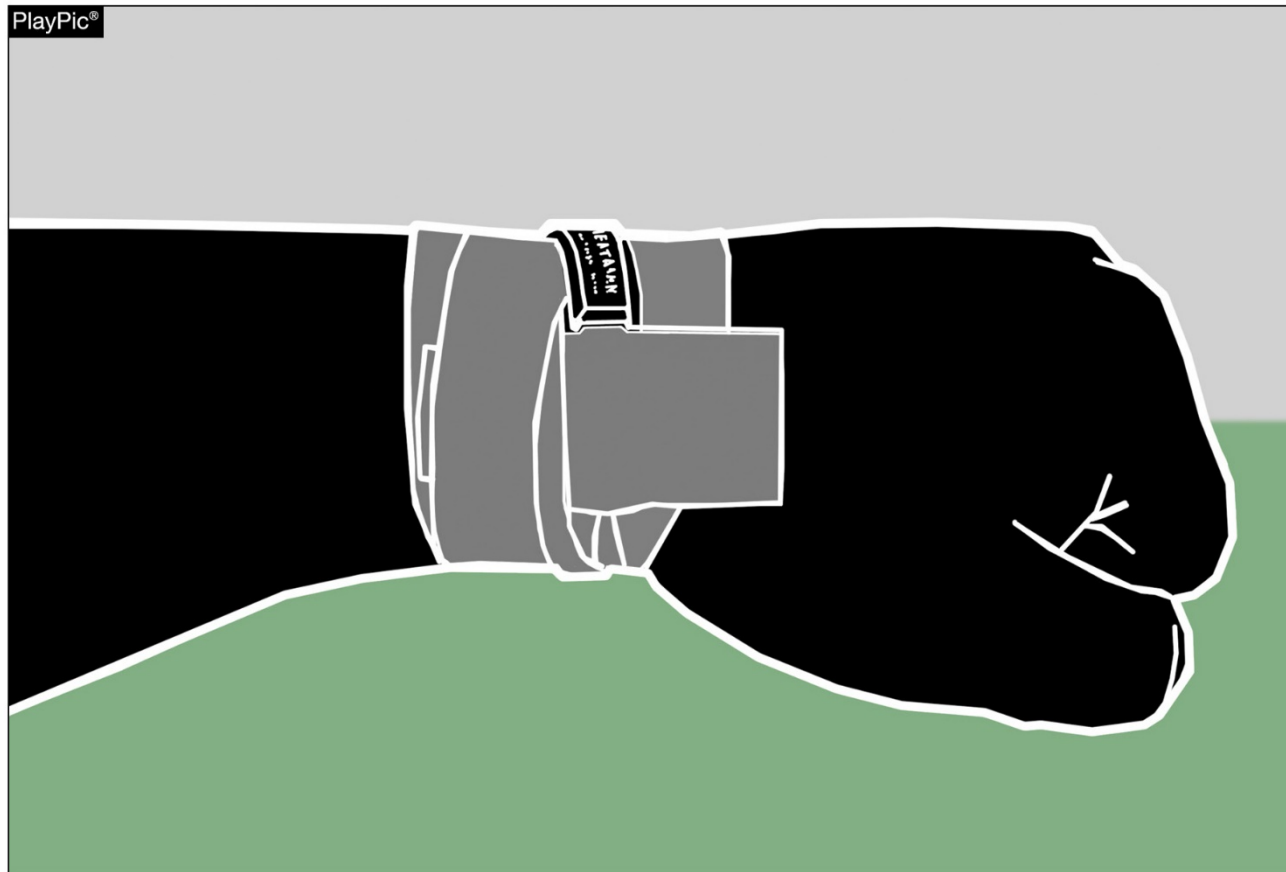
# TOOTH AND MOUTH PROTECTOR RULE 1-5-1d(5)a



Players may have only one tooth and mouth protector.



## ILLEGAL EQUIPMENT RULE 1-5-3c(6)

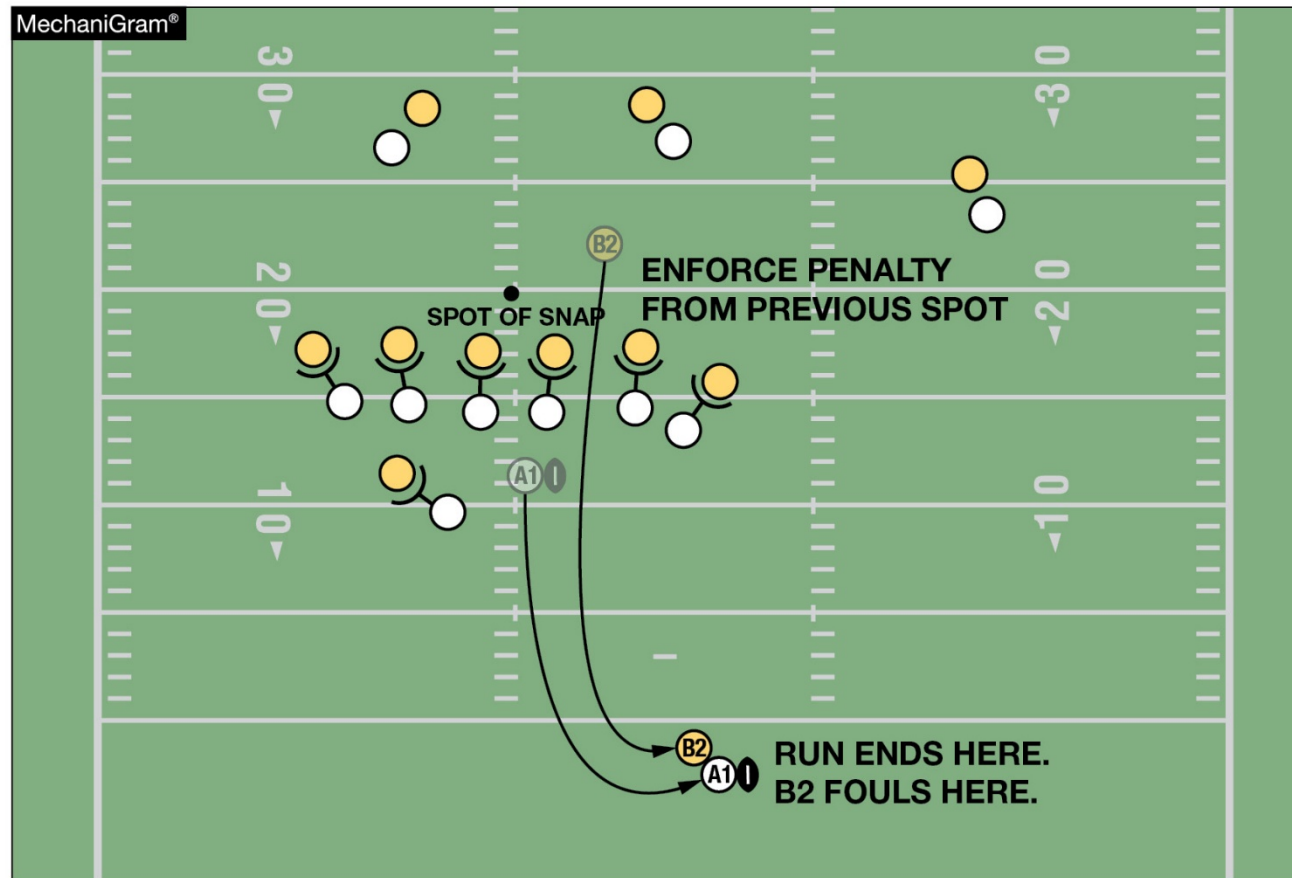


Religious medals and a medical alert such as the one shown in the PlayPic are not considered jewelry. Religious medals or other religious items must be taped to the body and worn under the uniform. A medical-alert indicator must be taped to the body and may be visible.



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# BASIC SPOTS RULE 10-4-2d

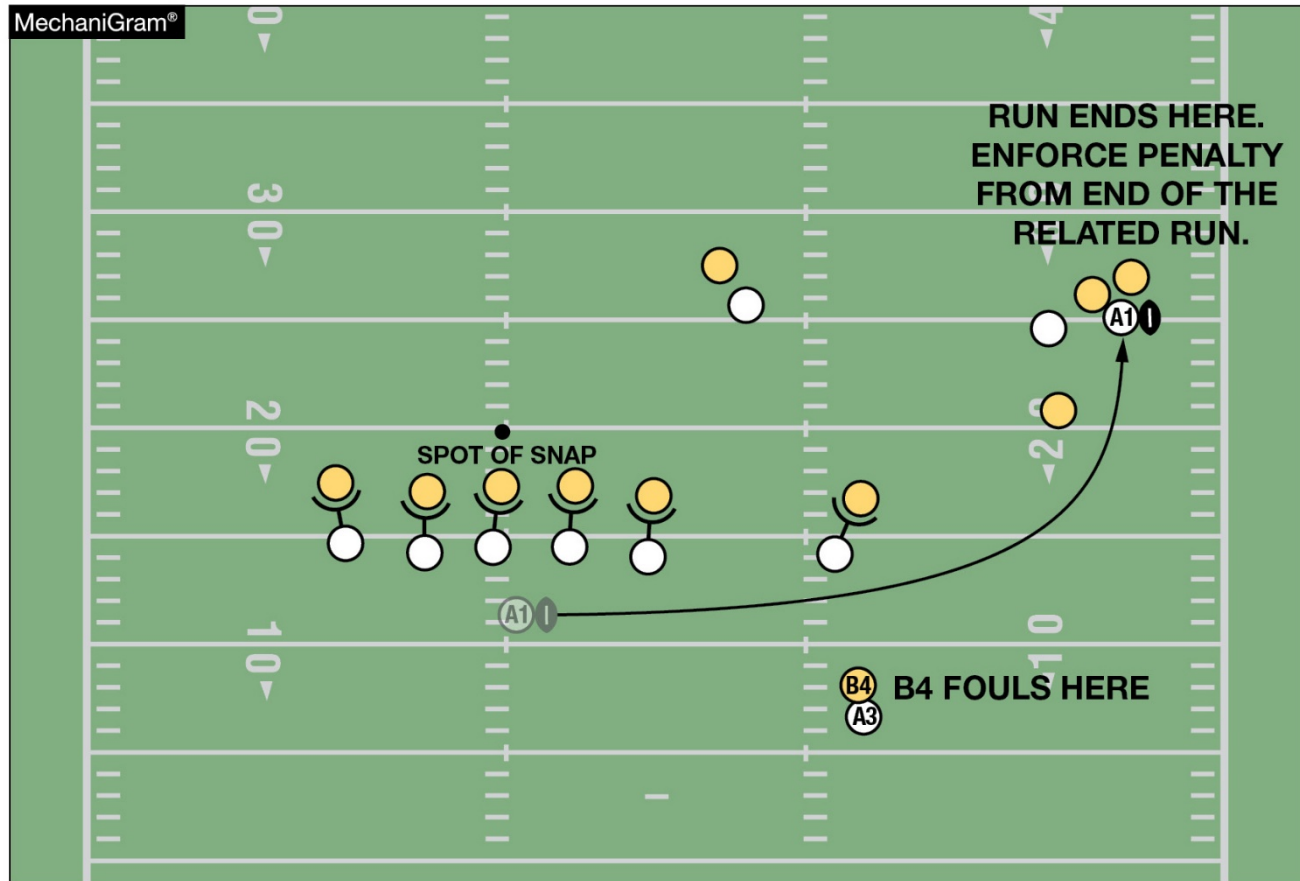


The penalty for this foul is enforced from the previous spot. Under the old rule, the penalty would have been enforced from the goal line.





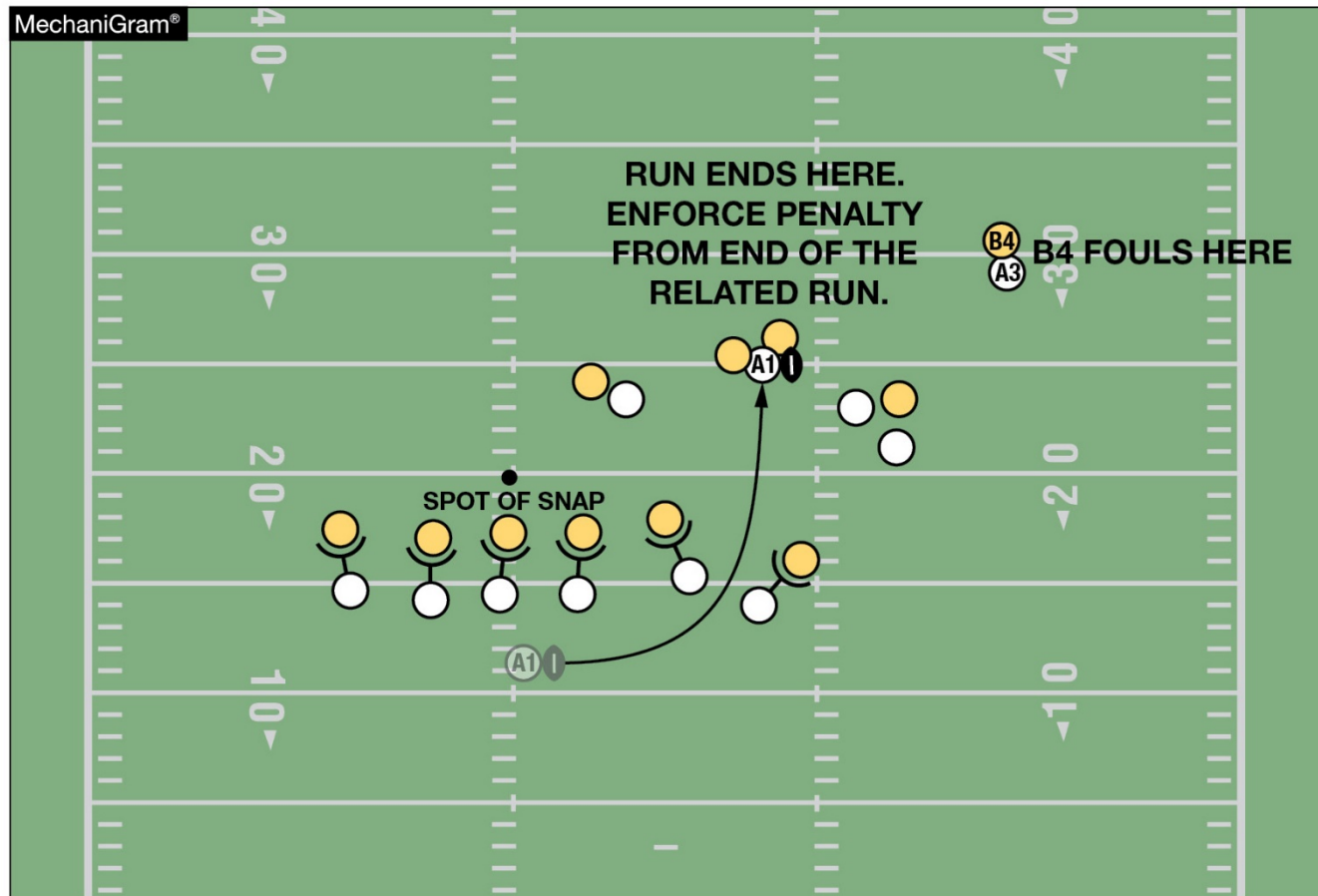
# BASIC SPOTS RULE 10-4-6a



The basic spot is the end of the run or related run for a foul by B when the run or related run ends beyond the line of scrimmage.

# BASIC SPOTS

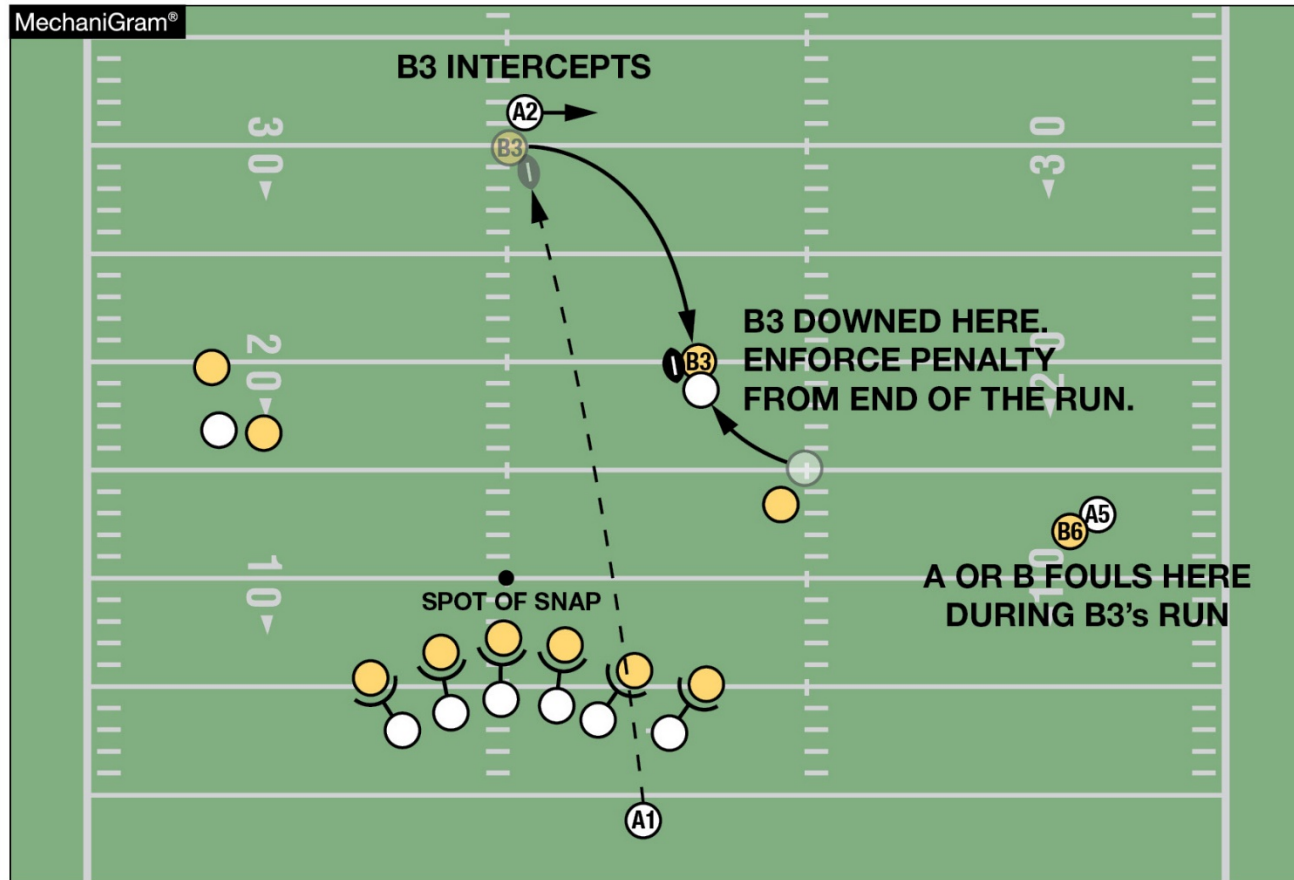
## RULE 10-4-6a



The basic spot is the end of the run or related run when the run or related run ends beyond the line of scrimmage and the foul occurs in advance of the end of the run or related run.



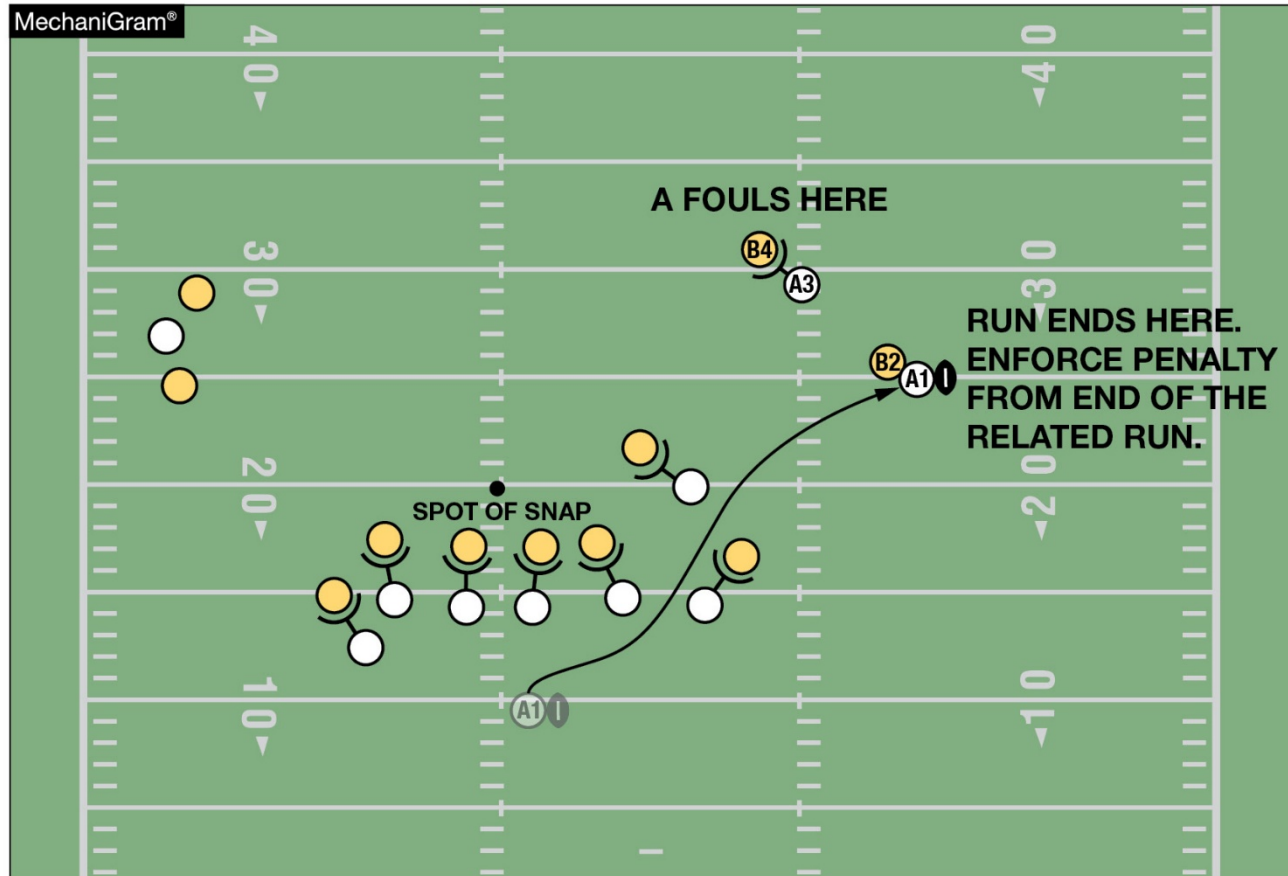
# BASIC SPOTS RULE 10-4-6b



The basic spot is the end of the run or related run for a foul that occurs beyond the end of the run or related run following a change of possession.



# BASIC SPOTS RULE 10-4-6c



The basic spot is the end of the run or related run for a foul by A that occurs beyond the line of scrimmage during a running play.

# 2024 NFHS FOOTBALL EDITORIAL CHANGES

<b>Football Helmet Warning Statement</b>	Added the words “is certified by the Safety Equipment Institute (SEI) to the” to the description of the NOCSAE standards process.
<b>1-3-1b, 1-3-1i(5)</b>	Added further clarification to the description on how the placement of the laces on the ball is measured when being produced and tested.
<b>1-3-1g</b>	Added the new 2024 format image for the NFHS Authenticating Mark.
<b>1-5-1a(1)</b>	Added new Figure 1-5-1a – NOCSAE Standard Logo for helmet.
<b>1-5-1b(2), 1-5-1b(3)</b>	Reformatted the jersey rules for clarification.
<b>1-5-1c(5)</b>	Noted that this rule on jersey numbers takes effect in 2024.
<b>1-5-2b</b>	Added new Figure 1-5-2b – NOCSAE Standard Logo for glove and SFIA Specification Logo for glove.
<b>1-5-3b(6)</b>	Added new Figure 1-5-3b(6) – NOCSAE Standard Logo for shin guard.
<b>TABLE 1-7 (7)</b>	Changed the rules reference in the Table for “Authorize the wearing of a commemorative/memorial patch.”



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# 2024 NFHS FOOTBALL EDITORIAL CHANGES

1-8	Further clarified State Association Accommodations.
2-8	Split the definition on Encroachment up into two Articles and updated the rules references within the Rule.
2-32-16	Added further clarification on when a player is no longer defenseless.
5-2-4	Updated the rules reference within the Rule.
7-2 PENALTY	Deleted Art. 5d from the Illegal Numbering Penalty.
TABLE 7-5	Added “or Related Run” to the Enforcement Spot for Illegal Forward Pass.
9-2 PENALTY	Changed the signal reference for “Illegal Use of Hands or Arms” to signal 43.
9-5-1g, 9-8-1j	Further clarified and standardized rules language that has been approved by the NFHS Rules Review Committee for all 2024-25 NFHS Rules Books on alcohol and tobacco.
9-8 PENALTY	Further clarified the responsibility of the head coach within the Penalty.



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# 2024 NFHS FOOTBALL EDITORIAL CHANGES

<b>10-3-1c, NOTE</b>	Deleted letter c and the NOTE in the Rule under a “Loose-Ball Play Action.”
<b>10-4</b>	Further clarified Basic Spot.
<b>10-5</b>	Further clarified Special Enforcement Rules and deleted some Articles.
<b>TABLE 10-4</b>	Revised TABLE 10-4.
<b>PENALTY SUMMARY</b>	Updated the signal references in LOSS of 10 YARDS for “Illegal Blocking,” “Runner Grasping a Teammate” and “Illegal Use of Hands or Arms” to signal 43.



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# 2024 NFHS FOOTBALL POINTS OF EMPHASIS



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# 2024 NFHS FOOTBALL POINTS OF EMPHASIS

1. Sportsmanship and Altercation Prevention and Protocol
2. Player Equipment and Enforcement
3. Formations



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# SPORTSMANSHIP AND ALTERCATION PREVENTION AND PROTOCOL



Coaches must teach, promote, model and set clear standards of behavior for themselves, players and fans. Game officials must fairly and consistently enforce NFHS rules in all aspects related to unsporting behavior by coaches and participants. Everyone involved must clearly understand that education-based athletics is an extension of the classroom and is about more than just winning and losing.



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# SPORTSMANSHIP AND ALTERCATION PREVENTION AND PROTOCOL



Fights that escalate beyond the initial incident tend to do so because others run toward the fight. Coaches are urged to instruct their team and even practice what to do in case an altercation occurs.



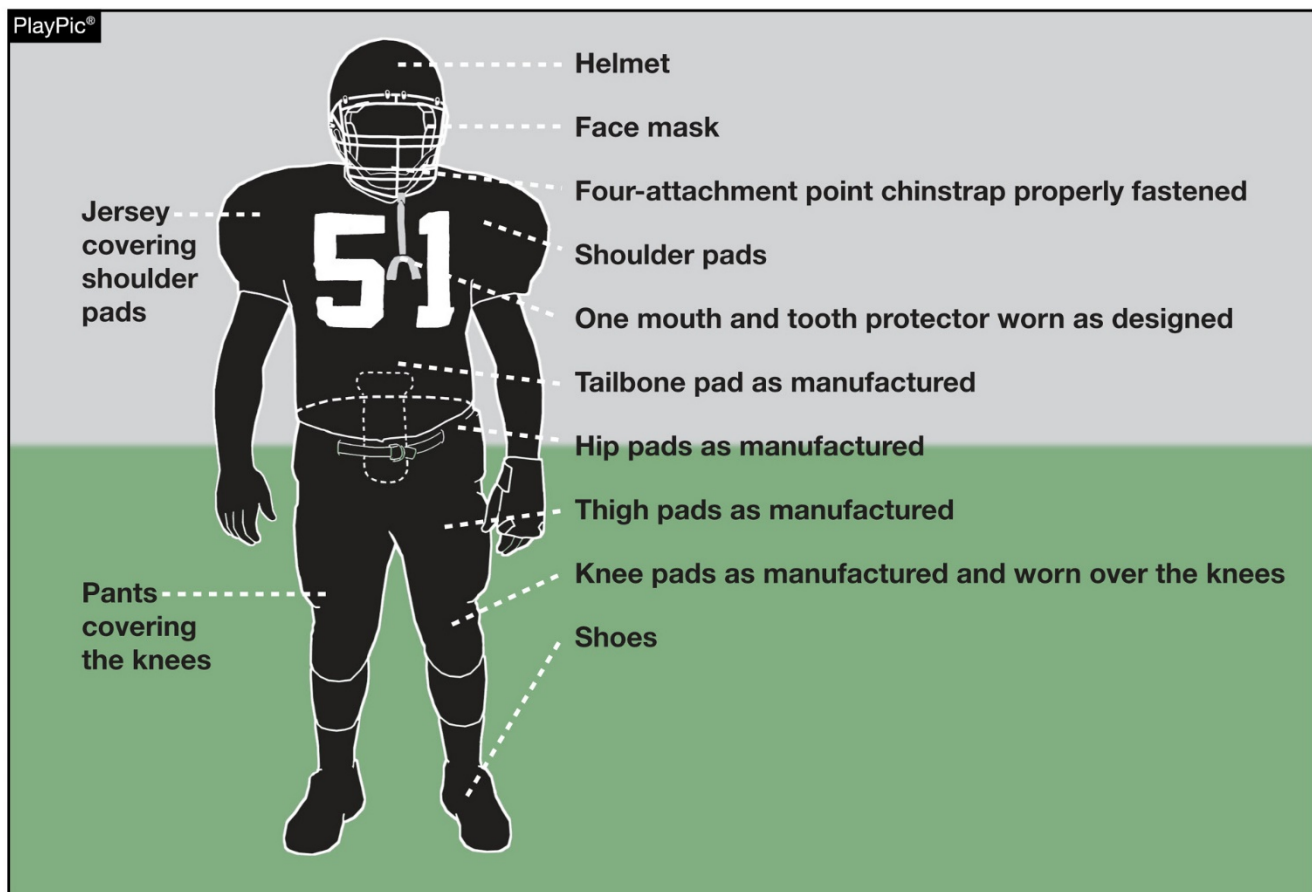
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# SPORTSMANSHIP AND ALTERCATION PREVENTION AND PROTOCOL



Postgame handshake line protocol should be followed by both teams. Among the points, administrators and security from both schools should be stationed on the field in close proximity to the handshake line. One team should be on the right and the other team should be on the left. Players from one team should not be allowed to walk down both sides of the line.

# PLAYER EQUIPMENT AND ENFORCEMENT

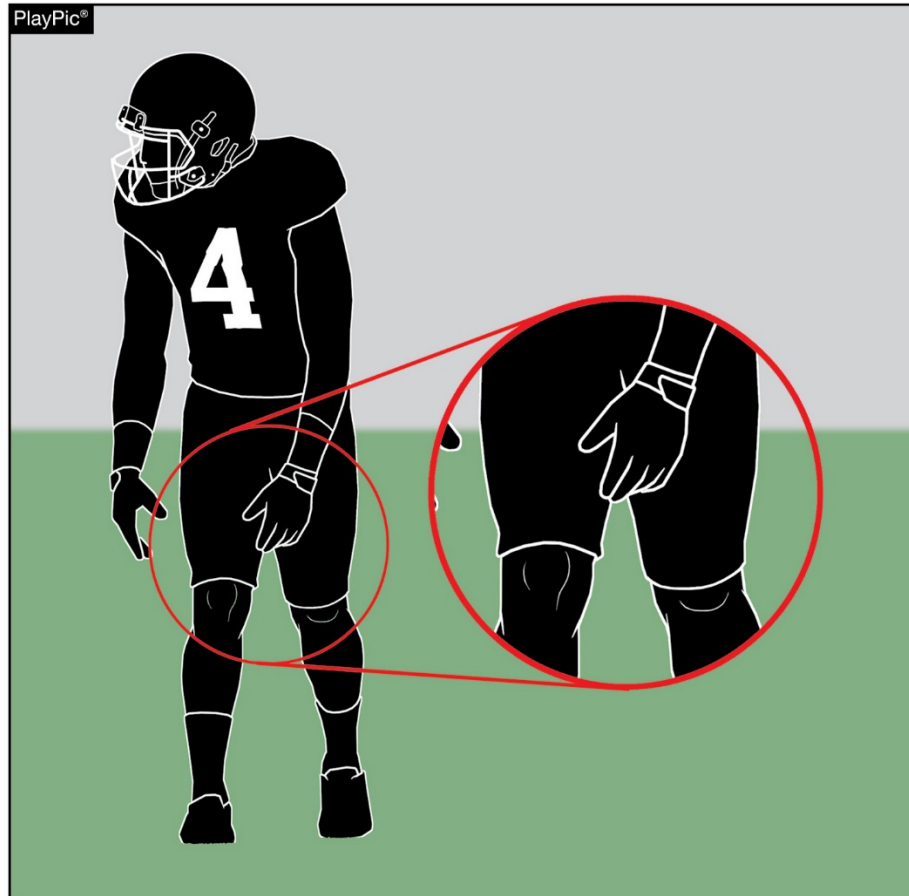


To support the safety of all participants, players must wear equipment and uniforms that are properly fitted and worn as intended by the manufacturer. Before starting each game, the head coach must verify that all players are properly and legally equipped.



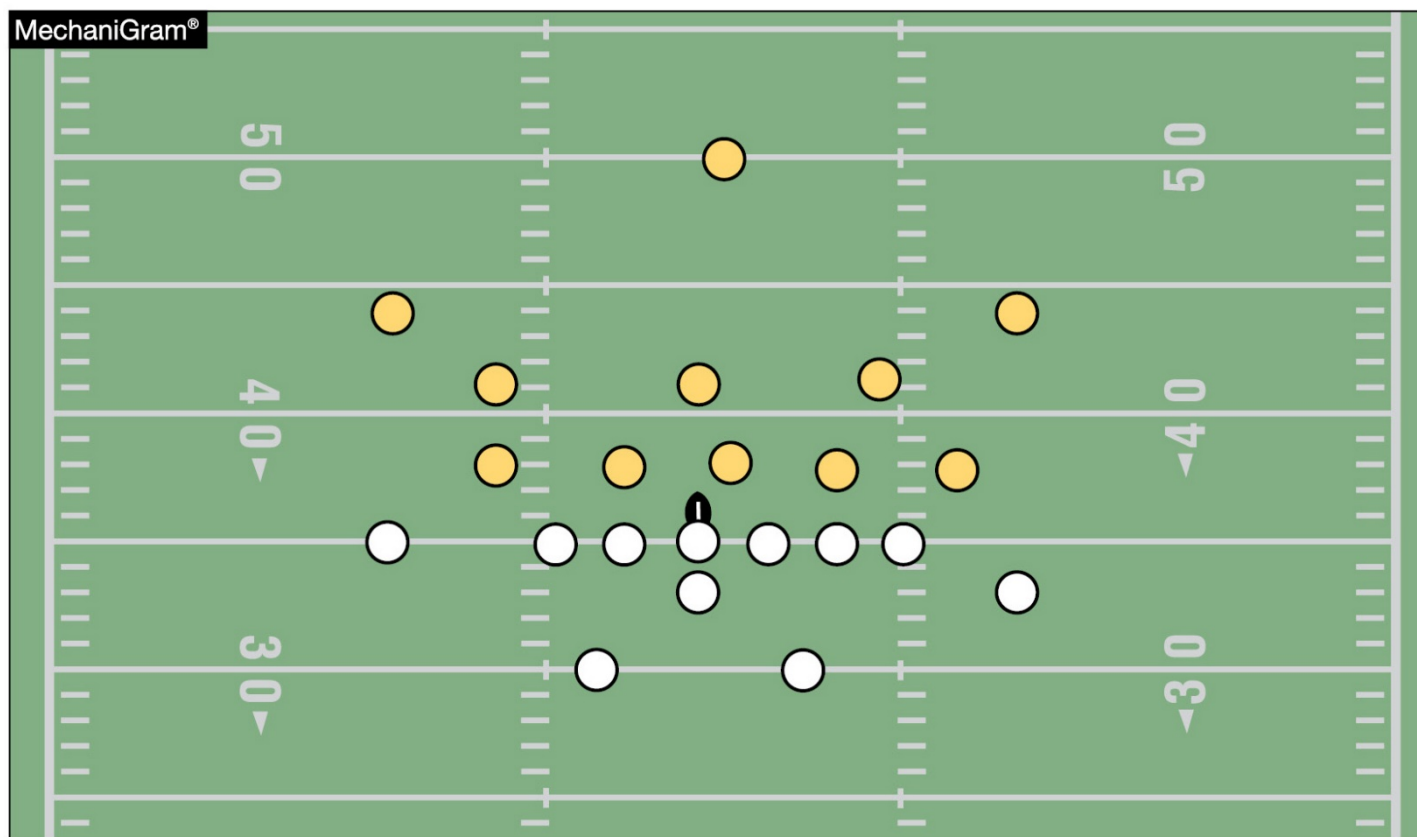
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## PLAYER EQUIPMENT AND ENFORCEMENT



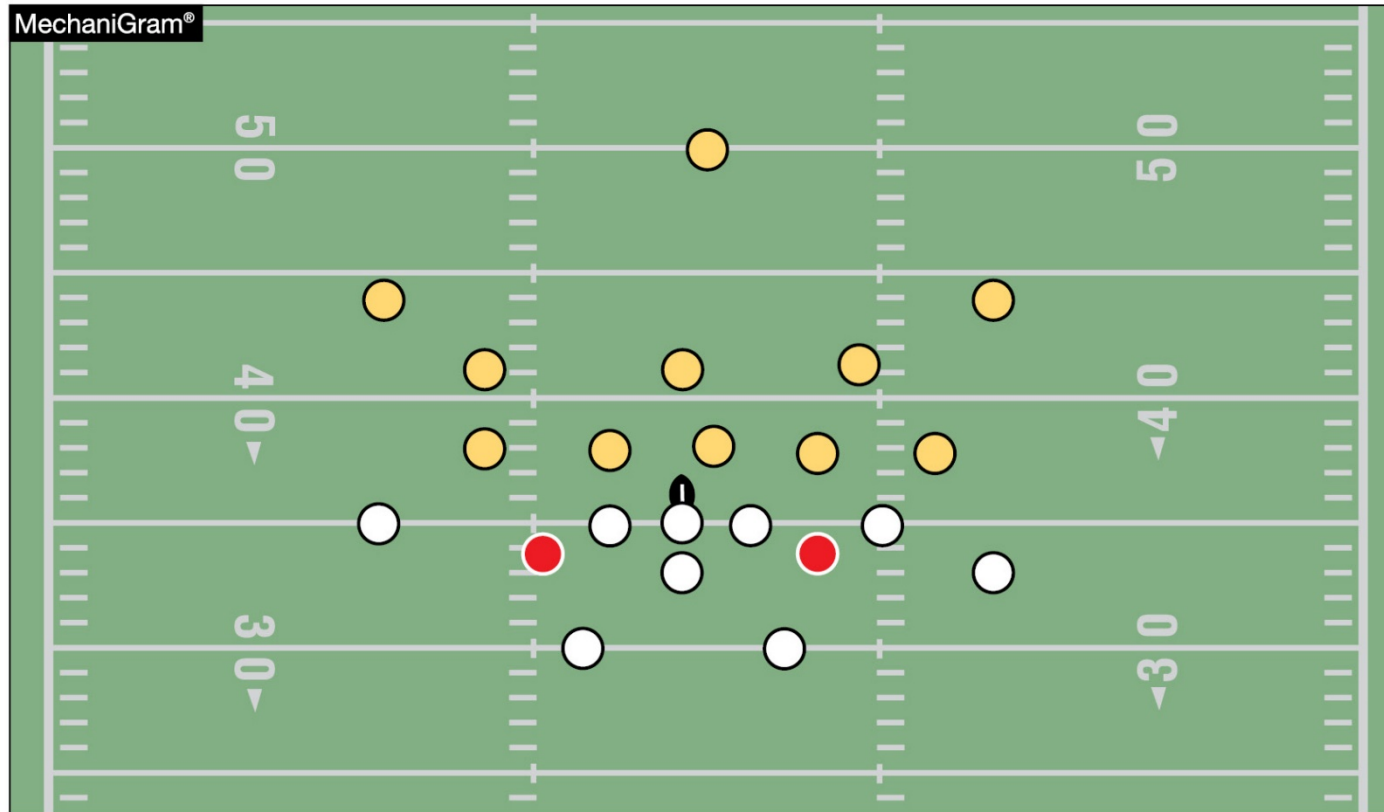
Due to potential injury, it is essential that players only be allowed to participate if their pants and knee pads comply with the rules. Pants must completely cover the knees, and knee pads must be worn over the knee. Game officials should be watchful and proactive in addressing potential equipment, and more specifically, knee pad issues.

# FORMATIONS



A legal formation has no more than four players in the backfield. A back is any A player who has no part of his body breaking the plane of an imaginary line drawn parallel to the line of scrimmage through the waist of the nearest teammate who is legally on the line, except for the player under the snapper, who is also considered a back.

# FORMATIONS

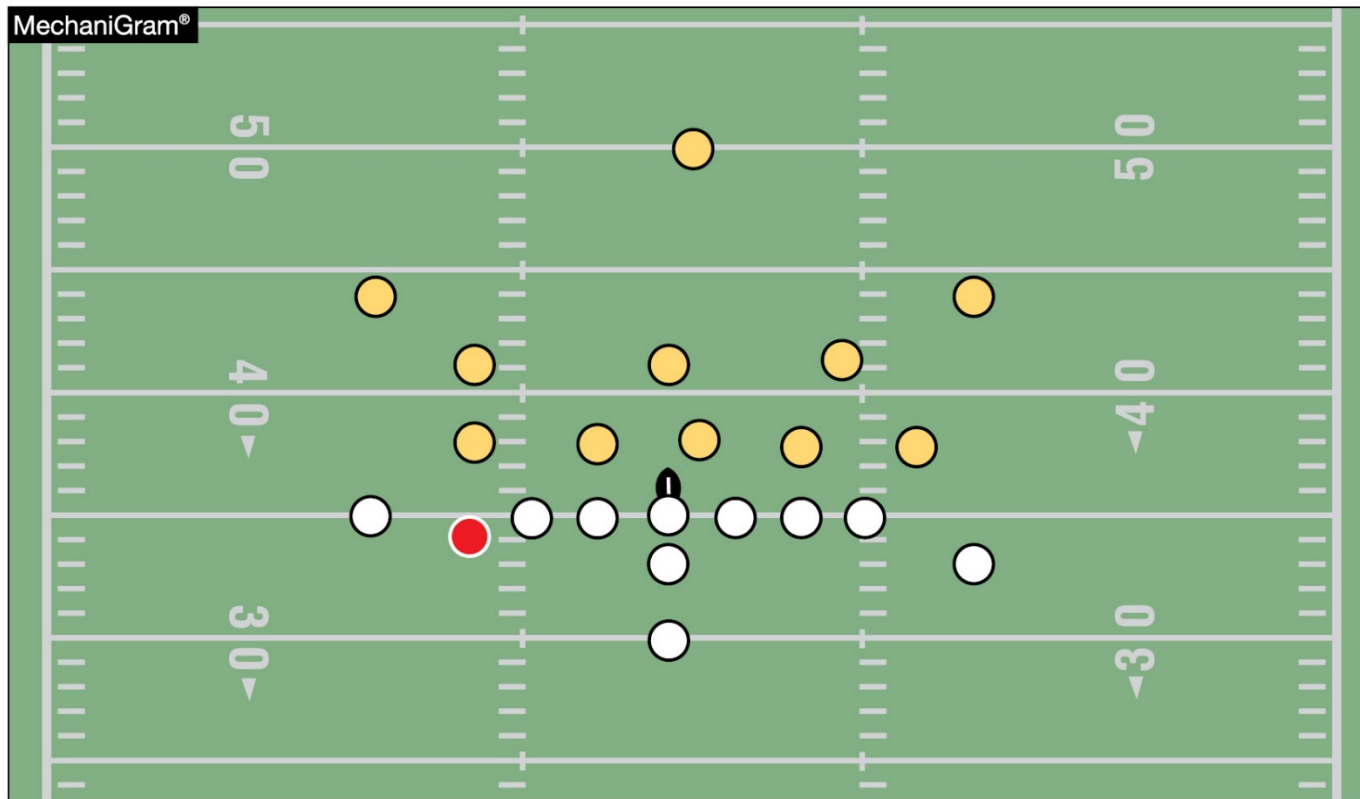


**ILLEGAL - TACKLES OFF THE LINE**

Linemen are legally on the line of scrimmage when they face their opponent's goal line and have head or foot breaking the imaginary plane through the waist of the snapper. It has become fairly common to see guards or tackles line up a yard or two off the ball to aid in pass blocking or pulling.



# FORMATIONS



**ILLEGAL - PLAYER NEITHER A LINEMAN NOR A BACK**

If an offensive player lines up by intersecting the waistline of the tackle, but not the center, Team A has committed an illegal formation foul because all Team A players must be a lineman or back. Receivers who wish to line up as a back should have “daylight” between the rear end of the nearest lineman and their nearest body part.